



get to know

ST. DAVID'S CENTER MINNETONKA

We've grown to give more children
a great start!



St. David's Center
Child & Family Development



You may know St. David's Center.

We've been around for more than 50 years, adapting to the changing needs of children and families in our community. **But do you know the new St. David's Center?**

We've just completed a renovation and expansion that has been four years in the making. Now is the time to take a new look to see all that we've become.

Our new Minnetonka facility showcases:

- **Renovated early childhood education center**, with large, light-filled classroom environments that support exploration and curiosity.
- **Expanded pediatric therapy clinic**, with 6,800 sq. ft. of new, state-of-the-art occupational therapy gyms and speech therapy rooms.
- **Children's mental health clinic**, with seven assessment and treatment spaces, providing child and family outpatient therapy.
- **Autism day treatment suites**, each complete with classroom, therapy gym and calming areas.
- **New inclusive playground**, which integrates nature-based play in our DNR-certified School Forest.

And an environment where collaboration between disciplines guarantees a plan for success for every child—all under one roof.

It all begins with a call to our CORE Navigators.

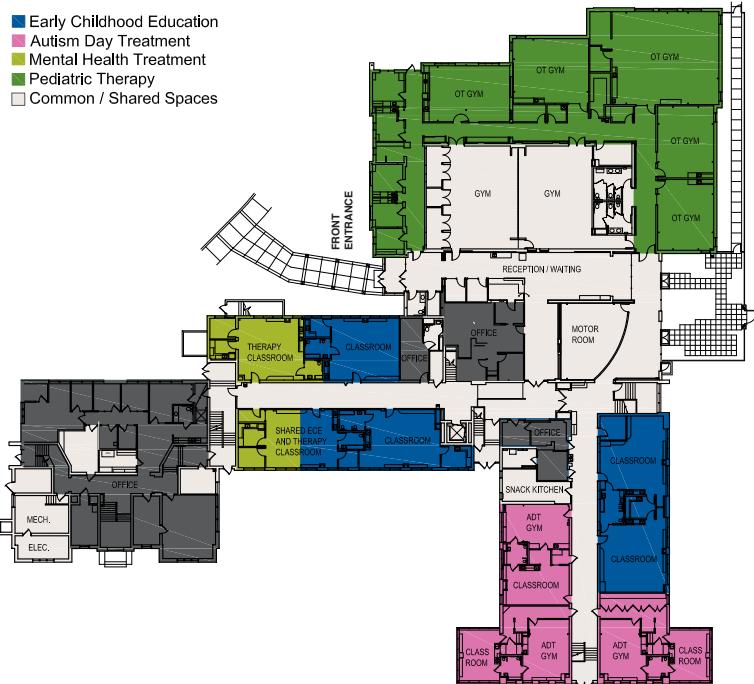
The **Central Office of Resources & Enrollment (CORE)** is dedicated to finding the best services for every child and family, the right schedule for appointments and assistance navigating resources and enrollment so parents can focus on the most important thing—their family.

Call 952.548.8700 to get started.

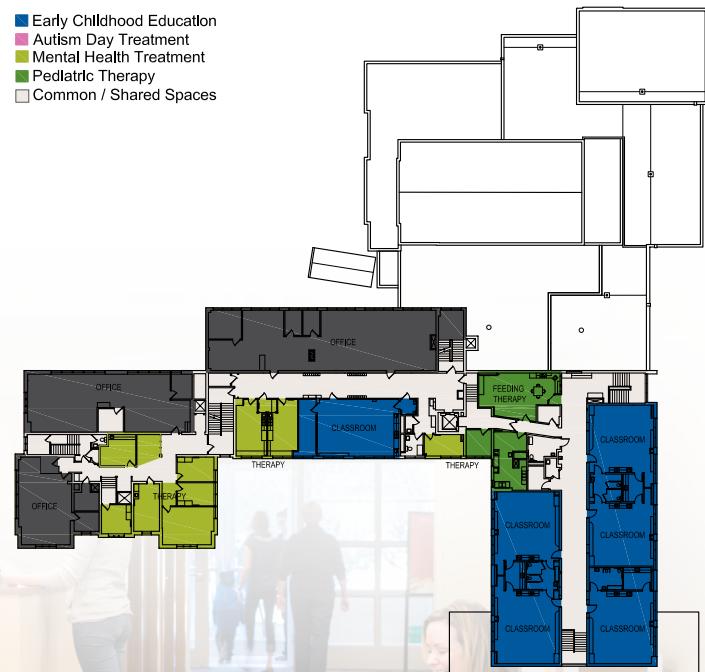


- Early Childhood Education
- Autism Day Treatment
- Mental Health Treatment
- Pediatric Therapy
- Common / Shared Spaces

1st Floor



2nd Floor





EARLY CHILDHOOD EDUCATION

Serving children ages 16 months to preschool; up to age 8 in summer

At St. David's Center, we know early childhood education lays the foundation for lifelong curiosity and a love of learning.

Every child brings unique contributions and qualities to the classroom. At St. David's Center, children with special needs learn alongside typically developing children.

Our early childhood philosophy is inspired by the [Reggio Emilia approach](#) to early learning.

- Teacher's role is to partner with, nurture and guide children in all areas of development.
- Social-emotional development is the foundation for learning.
- Environment is important to learning.
- Renovated classrooms are large, light-filled spaces with natural wood surfaces, muted colors and varied play areas encouraging curiosity and discovery.



MARA'S WING: PEDIATRIC THERAPY CLINIC

Serving up to age 13

Occupational, Speech and Feeding Therapy located in one building enhance opportunities for collaboration and co-treatment.

OCCUPATIONAL THERAPY

Children who experience gross or fine motor delays, clumsiness, weakness or poor balance, hyper-reactivity to sounds, touch, tastes or textures, and problems with attention can benefit from an individualized occupational therapy program. Our therapists, guided by each child's strengths and needs, engage him or her in "just right" challenges to build confidence along with skills.

- [Five therapy gyms](#), including a new Super Gym.
- Therapists can modify the environment to [meet a client's evolving needs](#).

SPEECH THERAPY

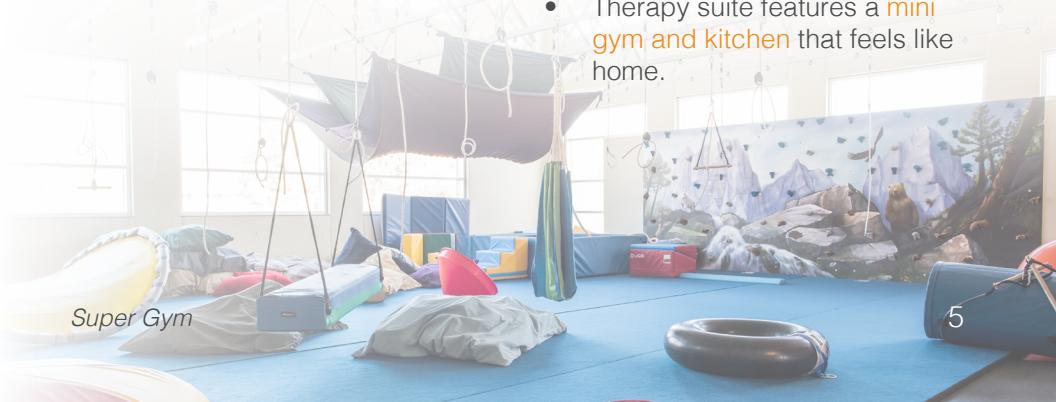
Young children with common challenges like stuttering and articulation disorder benefit from individual therapy that facilitates social interactions with peers and adults.

- [Five renovated speech therapy treatment rooms](#), which offer observation windows for parents and staff.

FEEDING THERAPY

Evaluation and treatment for children with severely restricted eating patterns support parent involvement and practice at home.

- Therapy suite features a [mini gym and kitchen](#) that feels like home.





CHILDREN'S MENTAL HEALTH CLINIC

Serving children and families of all ages

For more than 25 years, we have responded to families in the area of children's mental health.

We specialize in serving young children with developmental delays or disabilities, physical challenges, medical complications, attention deficit disorders and emotional/behavioral disturbances.

Our new spaces offer a calm environment for children and families, with a private waiting area and naturally lit assessment and therapy rooms. Observation windows give parents an opportunity to listen and observe.

Options include:

- **Multi-Disciplinary Assessment**, a unique collaborative approach using psychological and neurocognitive testing, speech and language and occupational therapy evaluation for children ages two to six.
- **Individual, Group and Family Outpatient Therapy** for all ages.
- **Psychological Testing** and consultation to provide additional insights about test scores, diagnoses and treatment considerations.

IN THE COMMUNITY

St. David's Center offers mental health services in homes, schools, and childcare settings:

- School and early childhood center-based therapy services
- Mental Health Skills Training
- Children's Mental Health Case Management
- Home Visiting Programs



DAY TREATMENT: MENTAL HEALTH AND AUTISM

Serving children ages 2 to 6

AUTISM DAY TREATMENT

St. David's Center provides a day treatment program where children with autism spectrum disorder work with a team of child therapists.

- **Collaborative team** includes a: licensed psychologist/mental health professional, mental health practitioner, music therapist, occupational therapist and speech therapist.
- **Sensory-calming classrooms** are paired with connected therapy gyms, plus calming spaces.
- **Parent support groups.**

FAMILY PLACE

Mental health day treatment serves children struggling to manage their emotions and behaviors at home and within their childcare center or school.

- **Large classrooms**, designed with sensitivity to overstimulation, provide a calming place to learn and practice new behaviors.
- **Home visits** help parents learn how to respond to the needs of their child.





OUR campus (and beyond!)

Our unique campus combines the advantages of natural environments with state-of-the-art treatment spaces and learning environments.

- Nature-based play features.
- Inclusive equipment for children of all abilities.
- Cooperative play opportunities.



IN THE COMMUNITY

St. David's Center serves nearly 3,000 children and families each year, both in the Minnetonka Center and in the community—in homes, schools, community centers, shelters and childcare facilities. Community-based programs include Early Childhood Home Visiting, Foster Care, Mental Health Skills Training and Case Management, School-Linked Mental Health, Autism Support Services, Supportive Living Services, Personal Care Assistance, and Therapeutic Recreation.

Learn more at stdavidscenter.org

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