



get to know

THE HARMAN CENTER FOR
CHILD & FAMILY WELLBEING

**Supporting parent-child relationships and
development in Minneapolis.**



St. David's Center
Child & Family Development



EXPANDING TO *Minneapolis*

Our vision for the Harman Center for Child & Family Wellbeing is to support and strengthen parent-child relationships, improve outcomes in children who have faced trauma, and partner with families and communities to create and sustain a center that supports healing, health, and wellbeing.

The Harman Center for Child & Family Wellbeing features:

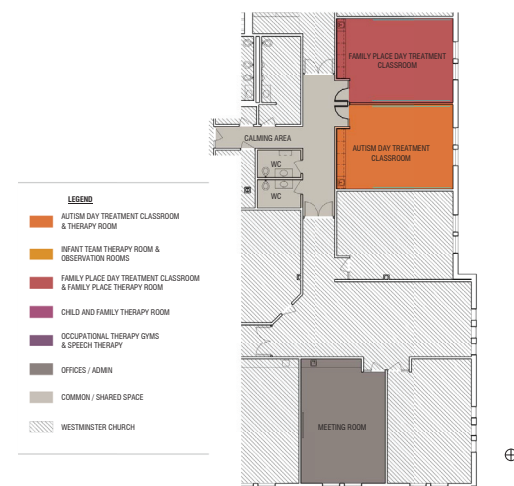
- Three parent-child therapy **assessment and treatment rooms**;
- A new **Pediatric Therapy Clinic**, featuring two occupational therapy gyms, a speech therapy room and access to additional treatment space for assessments and therapy;
- A new location for our **East African Autism Day Treatment** program, offering access to autism evaluation and outpatient mental health treatment;
- An expansion of **Children's Mental Health Services** and our **Family Place** program, including classroom and family treatment space;
- An **outdoor play space** with places to climb, jump, run, roll, and explore;

And an environment where collaboration between disciplines guarantees a plan for success for every child—all under one roof.

It all begins with a call to our **CORE Navigators**.

The **Central Office of Resources & Enrollment (CORE)** is dedicated to finding the best services for every child and family, the right schedule for appointments and to providing assistance navigating resources and enrollment so parents can focus on the most important thing – their family.

Call 952.548.8700 to get started.





PARENT-CHILD PROGRAM

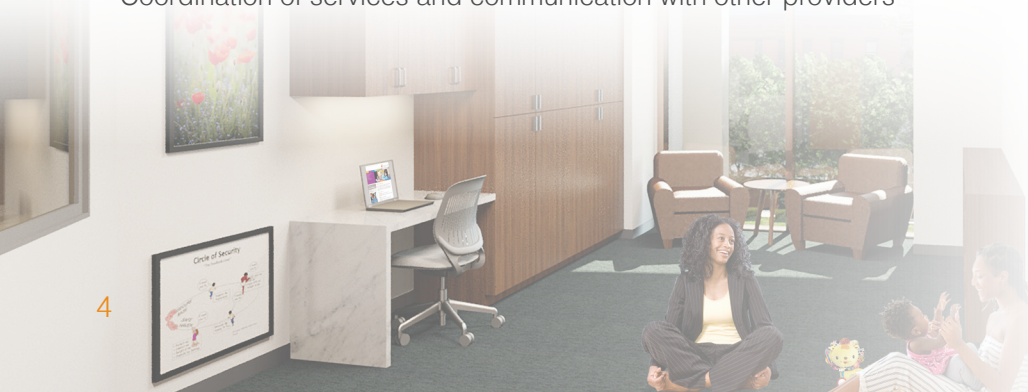
Healthy development depends on the quality of the relationship children have with their caregivers.

The Parent-Child Program nurtures the development of caregiving relationships, primarily the parent-child relationship, when stressors have made it difficult to consistently meet the needs of their children.



Working with the Parent-Child Program means:

- Assessment of the parent-child relationship
- Assessment of the child's development and referral to services as needed
- Parent-child relationship clinical intervention and support
- Foster/kinship caregiver involvement
- Coordination of services and communication with other providers



PEDIATRIC REHABILITATIVE THERAPIES

At the Harman Center, our Pediatric Therapy Clinic supports each child's development.

We provide early intervention for infants and young children who may be experiencing differences in development that may be associated with neonatal problems, developmental disabilities, neurological dysfunction and/or genetic disorders.

Our Occupational and Speech Language Pathologists will work to improve outcomes in the following developmental areas:

- Motor Coordination
- Sensory Processing
- Emotional Regulation
- Cognition
- Speech Sound Production
- Fluency, Voice and Resonance
- Language
- Feeding
- Social and Interpersonal Relationships

Our therapists will work together to provide an integrated treatment plan for those children receiving more than one type of therapy, partnering with caregivers throughout their child's episode of care.





EAST AFRICAN AUTISM DAY TREATMENT

One in 32 Somali children is on the autism spectrum.

Our culturally informed mental health professionals and occupational and speech therapists are ready to help each family with a program designed just for them.

Services provided in Autism Day Treatment include:

- Social communication
- Sensory processing
- Emotional regulation
- Peer engagement
- Family support

Intake and assessment for this program begins with the child, family, a mental health professional, and an East African mental health practitioner.



CHILDREN'S MENTAL HEALTH & FAMILY PLACE MENTAL HEALTH DAY TREATMENT

Our Mental Health Services integrate with all of the programs offered at the Harman Center so that we can provide each family with the most comprehensive support.

We specialize in early childhood mental health and serve children and families with histories of adversity and trauma, emotional/behavioral disturbances, developmental delays and disabilities, medical complications and other challenges.



Family Place promotes the positive and healthy development of children by:

- Identifying emotional, social and developmental needs
- Providing opportunities to learn and practice new behaviors in well-supported classrooms
- Improving parent/child relationships and helping parents learn a variety of ways to respond to the needs of their children





- Minnetonka Campus
- ▲ St. Louis Park Office
- Harman Center Minneapolis



IN THE *community*

St. David's Center serves nearly 3,300 children and families each year, at all three campuses and in the community—in homes, schools, community centers, shelters and childcare facilities. Community-based programs include Early Childhood Home Visiting, Foster Care, In-Home Mental Health and Mental Health Case Management, School-Linked Mental Health, Autism Support Services, Supportive Living Services, Personal Care Assistance, and Therapeutic Recreation.



Remembering Scott Harman

The Harman Center for Child & Family Wellbeing is dedicated in loving memory of our friend and colleague Scott Harman, who spent 24 years of his career at St. David's Center. Scott devoted his life and work to the infant and early childhood mental health field, changing the way clinicians approach families with young children. His legacy lives on in the professionals whose practice he influenced and the children and families to whom he gave so much.

Learn more at stdavidscenter.org

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